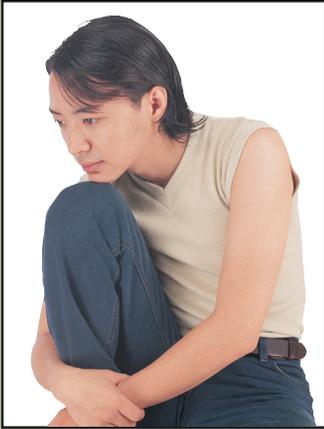


20 Be Happy with Yourself



Many people are not happy with themselves. Some want to change ___(1)___ they look, such as their height, the color of their eyes, or the shape of their nose. Others don't like the sound of their voice or the way they walk. People often dream ___(2)___ being like someone else, such as a beautiful model or handsome television star.

The truth is, when we look in the mirror, we see ourselves, and that's great! Instead of wanting to change, we should learn to ___(3)___ who we are. So the next time you look in the mirror, smile! The next time you worry about the size of your hands, laugh! Feel good about who you are, and remember that we're all ___(4)___ in many different ways.



Vocabulary

Write the correct word in each blank.

1. Please hold the _____ so I can put on my makeup.
A: hand B: shape C: mirror D: height
2. The _____ of the car might make it hard to find a parking space.
A: color B: size C: sound D: way
3. The more you _____, the worse you'll feel.
A: worry B: smile C: dream D: laugh
4. The _____ movie star married a beautiful actress.
A: terrible B: slow C: special D: handsome

Reading

Choose the best answer.

- () A: the way
B: what
C: so
D: something
- () A: on
B: about
C: in
D: to
- () A: hate
B: be happy with
C: be sad about
D: worry about
- () A: boring
B: wrong
C: bad
D: special

Grammar

Write the correct word in each blank.

- Look at _____ in the mirror.
(yourself/you)
- _____ should feel good about _____.
(You/Yourself) (you/yourself)
- We should try to see _____ clearly.
(ourself/ourselves)
- Aren't they happy with _____?
(themselves/theirselves)